CAMP HIGHLIGHTS

- For divers who have prior competitive diving experience
- Provides instruction in all required dives and appropriate optional dives
- Introduces new dives as the diver becomes comfortable
- Provides each diver with an individual video of dives
- Familiarization with workout techniques, flexibility, strength training, diet/nutrition, injury prevention and mental preparation
- Nightly activities and 24-hour supervision provided
- A trainer will be on staff and local doctors are on call

COST

- $325 per resident camper. A $75 deposit is required with registration. The balance is due upon arrival. Camp deposits CANNOT be returned after June 1 for any reason.
- Commuter (campers who choose not to stay on campus overnight) rate is $300 per camper.
- The camp fee covers housing (for resident campers), all meals at College dining hall, insurance, T-shirt, recreational activities, and awards.

CONTACT US TODAY!

WESTMINSTER COLLEGE

Titan Diving Camp
319 S. Market Street
New Wilmington, PA 16172

STAY CONNECTED
CALL: 724-946-7815
VISIT: athletics.westminster.edu
EMAIL: calhoun@westminster.edu

JOIN THE CONVERSATION

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June 17 - 21, 2018
Heath Calhoun
Camp Director
742-946-7815

WESTMINSTER COLLEGE
AGES & ROOMMATE REQUESTS

- All campers must be at least 12 years old if they choose to stay overnight. Commute campers must be at least 8 years old.

- Roommate requests for resident campers will be honored if both campers indicate the same choice of one roommate on the registration form.

- Residence hall rooms will be assigned with boys and girls securely separated.

- Counselors and coaching staff will provide 24-hour supervision in the residence hall.

LOCATION

Westminster College is located in New Wilmington, Pa. It is 60 miles north of Pittsburgh, 80 miles south of Erie and Cleveland, and 20 miles east of Youngstown. It is conveniently located near two major Interstate highways, I-79 (North and South) and I-80 (East and West), as well as PA Route 376 (North and South).

WESTMINSTER COLLEGE DIVING CAMP • 2018 REGISTRATION FORM

Apply early • Enrollment limited • One diver per form • Forms may be duplicated

☐ Resident  ☐ Commuter

Full Name ______________________________________ Preferred first name _______________________

M or F (circle one)

Age (as of first day of camp) ______________________ Grade (Sept. 2018) _______________________

Street ________________________________________________________________

City ___________________________ State __________ Zip __________________

E-mail Address ___________________________________________________________

Daytime Phone ________________________ Evening Phone ________________________

Parent’s Cell Phone _______________________________________________________

Diving Team Name __________________________

Number of years of competitive experience __________________________

Roommate Preference (one only) _________________________

Will be honored only if BOTH campers indicate the same choice

Additional information will be mailed to campers upon acceptance.

A $75 deposit check must accompany this application. Make check payable to Westminster College and send to: Titan Diving Camp, Westminster College, Box 163, New Wilmington, PA 16172. Balance due upon arrival. Camp deposits can not be refunded after JUNE 1 for any reason. Westminster College or the camp staff will not be held responsible for lost or stolen valuables. Credit cards cannot be accepted.

CAMP DIRECTOR - HEATH CALHOUN

Heath Calhoun is in his fourth year on the Westminster staff as the diving coach for the 2017-18 season. Calhoun has coached two NCAA regional qualifiers, including the first in school history. All eight diving school records have been broken under Calhoun’s watch. Calhoun has helped with various camps, including one at Division I Duke University.

Calhoun was a six-time All-American as a diver at Division II Clarion University. Calhoun won the NCAA Division II national championship on the 3-meter springboard at the 2014 NCAA Championships. Calhoun broke the NCAA record by scoring 615.95 points (34.30 points better than the previous record and 54.15 points better than the second-place finisher). Calhoun was .50 points from winning the 1-meter competition. A team co-captain his senior year, Calhoun was named the CSCAA (College Swimming Coaches Association of America) Division II “Male Diver of the Year.”

T-shirt size (circle one):

Youth:  M  L

Adult:  S  M  L  XL

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